SCHOOL NURSES

WARNING SIGNS OF AN ALCOHOL PROBLEM



Nothing matters attitude sloppy appearance, lack

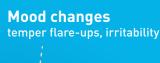
sloppy appearance, lack of interest in previous activities

REPORT CARD



Physical and mental problems

memory lapse, poor concentration, bloodshot eyes, lack of coordination, slurred speech



Friend problems

switching friends, secretive or defensive about friends



A

Any sudden change in behavior



Math

Science

English



Family problems rebellion against family rules



Alcohol presence smelling it on his or her

breath, finding it in their backpack or locker

* These warning signs may signify other problems as well.



What to Do ~ Who to Call



Talk to parents and family



Refer to doctor or mental health professional



Refer to substance abuse treatment in the community



Refer to community health department

SOURCE: Deborah Gilboa, M.D., aka "Doctor G", parenting expert and family physician: askdoctorg.com

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