



High-Risk Impaired Driving

Comparison of DSM-IV and DSM-5 Criteria for Diagnosing Alcohol Abuse and Alcohol Dependence vs. Alcohol Use Disorder

(Source: NIAAA)

		DSM-4	DSM-5	
		In the past year, have you:	In the past year, have you:	
1 2 3 4	ANY 1 = ALCOHOL ABUSE	Found that drinking—or being sick from drinking—often interfered with taking care of your home or family? Or caused job troubles? Or school problems?	Had time when you ended up drinking more, or longer, than you intended?	THE PRESENCE OF AT LEAST 2 OF THESE SYMPTOMS INDICATES AN ALCOHOL USE DISORDER (AUD)
		More than once gotten into situations while or after drinking that increased your chances of getting hurt (such as driving, swimming, using machinery, walking in a dangerous area or having unsafe sex?)	More than once wanted to cut down or stop drinking, or tried to, but couldn't?	
		More than once gotten arrested, been held at a police station, or had other legal problems because of your drinking? **This is not included in DSM-5**	Spent a lot of time drinking? Or being sick or getting over other aftereffects?	
		Continued to drink even though it was causing trouble with your family and friends?	Wanted a drink so badly you couldn't think of anything else? **This is new to DSM-5**	
5 6 7 8 9 10 11	ANY 3 = ALCOHOL DEPENDENCE	Had to drink much more than you once did to get the effect you want? Or found that your usual number of drinks had much less effect than before?	Found that drinking—or being sick from drinking—often interfered with taking care of your home or family? Or caused job troubles? Or school problems?	
		Found that when the effects of alcohol were wearing off, you had withdrawal of symptoms, such as trouble sleeping, shakiness, restlessness, nausea, sweating, a racing heart, or a seizure? Or sensed things that were often not there?	Continued to drink even though it was causing trouble with your family and friends?	
		Had times when you ended up drinking more, or longer than you intended?	Given up or cut back on activities that were important or interesting to you, or gave you pleasure, in order to drink?	
		More than once wanted to cut down or stop drinking, or tried to, but couldn't?	More than once gotten into situations while or after drinking that increased your chances of getting hurt (such as driving, swimming, using machinery, walking in a dangerous area or having unsafe sex?)	
		Spent a lot of time drinking? Or being sick or getting over other aftereffects?	Continued to drink even though it was making you feel depressed or anxious or adding to another health problem? Or after having had a memory blackout?	
		Given up or cut back on activities that were important or interesting to you, or gave you pleasure, in order to drink?	Had to drink much more than you once did to get the effect you want? Or found that your usual number of drinks had much less effect than before?	
		Continued to drink even though it was making you feel depressed or anxious or adding to another health problem? Or after having had a memory blackout?	Found that when the effects of alcohol were wearing off, you had withdrawal of symptoms, such as trouble sleeping, shakiness, restlessness, nausea, sweating, a racing heart, or a seizure? Or sensed things that were often not there?	

THE SEVERITY OF THE AUD IS DEFINES AS:

MILD: The presence of 2 or 3 symptoms

MODERATE: The presence of 4 to 5 symptoms

SEVERE: The presence of 6 or more symptoms

