



# MENTAL HEALTH

## Screening Tool Quick Guide

**NEW**

The Computerized Assessment and Referral System (CARS) has been adapted as a mental health screening instrument.

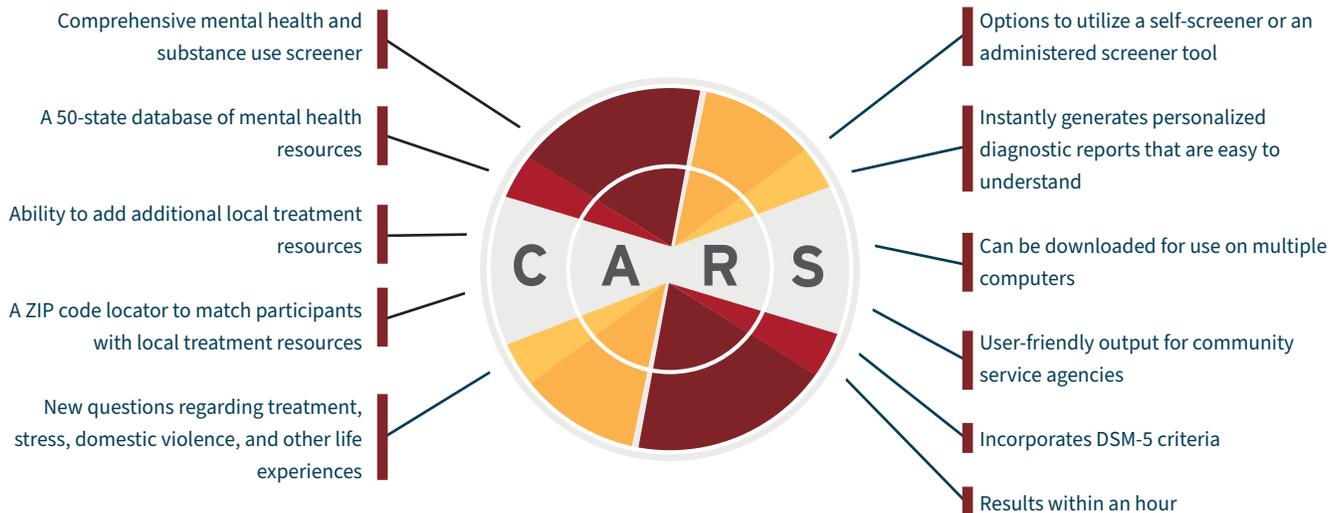
### CARS IS A FREE SCREENING AND ASSESSMENT TOOL

created by the Cambridge Health Alliance at Harvard Medical School to identify substance use and mental health disorders and connect people to treatment resources. Originally created for criminal justice practitioners to help identify individuals with psychiatric co-morbidity, it has now been adapted for a broader audience to help all people in crisis. The new screener is available on open-source software.

DOWNLOAD FOR FREE AT

**CARSTRAININGCENTER.ORG**

### WHAT THE NEW CARS MENTAL HEALTH SCREENER OFFERS



The new screener will be useful for physicians, mental health professionals, first responders, and veterans service organizations.

Contact Chris Konschak at [chris.konschak@responsibility.org](mailto:chris.konschak@responsibility.org) for more information



SOURCES:

<https://www.ncbi.nlm.nih.gov/pubmed/17907861>

<https://responsibility.org/wp-content/uploads/2015/02/CARS-PPT-NADCP-2016.pdf>