## Join us in sharing #GoodFriendsGoodChoicesGoodTimes on your social media channels:

## Responsible Drinking:

- Being a good friend means respecting my loved one's decision if they choose not to drink. #AlcoholResponsibilityMonth #GoodFriendsGoodChoicesGoodTimes
- It's a good choice to plan ahead and use @gofaar's Virtual Bar to safely explore my BAC to understand my limits before I start drinking alcohol. <u>Blood Alcohol Content (BAC)</u>
   <u>Calculator | Responsibility.org</u> #AlcoholResponsibilityMonth
   #GoodFriendsGoodChoicesGoodTimes
- April is #AlcoholResponsibilityMonth. When good friends get together and make good choices, good times are had by all. #GoodFriendsGoodChoicesGoodTimes
- #DYK that 83% of adults of legal drinking age are confident they drink responsibly? I
  make good choices by always remembering my limits and enjoying responsibly.
   #GoodFriendsGoodChoicesGoodTimes #AlcoholResponsibilityMonth

## **Underage Drinking:**

- I am going to help my kids stay alcohol-free by being a trusted adult and keeping an honest line of communication open with them. #AlcoholResponsibilityMonth #GoodFriendsGoodChoicesGoodTimes
- New data shows that more than 6 out of 10 teens report they have never consumed alcohol. This #AlcoholResponsibilityMonth I am taking some time to talk to my kids about ways to say "NO" to underage drinking. #GoodFriendsGoodChoicesGoodTimes
- Make sure that when you host a get together, you let the adults know where to find drinks meant for them and kids know which ones they can enjoy, too.
   #AlcoholResponsibilityMonth #GoodFriendsGoodChoicesGoodTimes
- #Parents, the next time you sit down with your kids, tell them that MOST YOUTH DON'T DRINK! In fact, underage drinking rates are down to record lows. Keep that trend moving in the right direction. #AlcoholResponsibilityMonth

## **Drunk Driving:**

- April is #AlcoholResponsibilityMonth! This month and all year long, I will be a good friend by volunteering not to drink, so I can be the designated driver for my friends. #GoodFriendsGoodChoicesGoodTimes
- Drunk driving is dangerous and illegal, and no one should have to share the road with an impaired driver. Being a good friend means always planning for a safe ride home and never letting an impaired friend get behind the wheel.
   #GoodFriendsGoodChoicesGoodTimes
- I keep the good times going by taking the guest work out of my celebrations and planning for a safe ride home. #GoodFriendsGoodChoicesGoodTimes #AlcoholResponsibilityMonth