

## ALCOHOL **AWARENESS** MONTH

The Century Council is trying to "ignite" 1 million conversations about alcohol awareness during the month of April.

Here are 30 tweets, one for each day of April, so you can help raise awareness, too.

Your voice can make a difference!

## Copy these tweets as your status and #JoinTheConvo!

- #JoinTheConvo to fight drunk driving and underage drinking! Learn how: http://bit.ly/YbKyk7
- #JoinTheConvo during Alcohol Awareness Month. Mere seconds can make a real impact. http://bit.ly/15rpAxD

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- Drunk driving deaths are at record lows yet these dangerous drivers remain. Find out what we're doing to stop them. http://bit.ly/uFGKPQ
- Do you know how alcohol affects your BAC? Visit @B4Udrink. #JoinTheConvo
- Do you know your limit? Find out how many drinks it takes for you to reach yours. @B4Udrink #JoinTheConvo
- Can you and a friend drink the same amount of alcohol and have different BACs? Find out @B4UDrink #JoinTheConvo
- Don't you wanna remember your fun night out? @B4Udrink #JoinTheConvo
- Kid in college? Have you talked to them about the dangers of underage drinking lately? #JoinTheConvo http://bit.ly/ZQ1idN
- Check out how @SHAQ is helping college students get their friends to drink responsibly: http://bit.ly/ZtlD8X #JoinTheConvo
- Apparently @SHAQ's not a fan of #CollegeBingeDrinking. Watch this video he filmed with students from @LTUThink: http://bit.ly/ZtlD8X #JoinTheConvo
- College students across the country are having awesome nights out without drinking to extreme. So can you. @B4Udrink #JoinTheConvo
- .@SHAQ and @GodfreyComedian remind college students to #WatchYourself http://bit.ly/10Qj42Q #collegebingedrinking
- Parents! You're the leading influence on your kid's decision to drink - or not to drink - alcohol. #JoinTheConvo @AskListenLearn
- Underage drinking is at historic lows. Let's keep it that way! Talk to your kids about alcohol during Alcohol Awareness Month! @AskListenLearn #JoinTheConvo
- PARENTS: When your kid asks to sleep over at a friend's house, do you confirm the other parents will be home? #JoinTheConvo

- Embolden youth to say NO to underage drinking. Learn how with @asklistenlearn #JoinTheConvo
- TEACHERS: Find classroom materials for Alcohol Awareness Month @Scholastic @asklistenlearn http://bit.ly/WLxHXr#JoinTheConvo
- Join **#DWTS** and @asklistenlearn superstar @Aly\_Raisman and say NO to underage drinking http://bit.ly/QSrEN8 #JoinTheConvo
- Talk with your kids about underage drinking and together take the pledge! http://bit.ly/QSrEN8 #JoinTheConvo
- Parents, you're the leading influence in your kid's decision not to drink. Parent with responsibility. http://bit.ly/ZEZ2py
- 92% of parents have talked to their teen about underage drinking in the past year. Have you? #JoinTheConvo
- You may have had the birds & the bees talk, but have you talked about underage drinking lately? #JoinTheConvo http://bit.ly/M52CZD
- Childhood convos w/ Mom still guide my decisions. Talk to your kids about underage drinking. http://bit.ly/W3kLqO #JoinTheConvo
- Childhood convos w/ Dad still guide my decisions. Teach your kids to say no to underage drinking. http://bit.ly/W3kLqO #JoinTheConvo
- PARENTS, we have the most influence on our kid's decision not to drink. Our kids really are listening: http://bit.ly/W3kLqO #JoinTheConvo
- VIDEO: Clinical psychologist Dr. Wolf guides parents on talking to teens about underage drinking. #JoinTheConvo http://youtu.be/W0FNZEdOhN4
- Drunk driving deaths are at record lows yet these dangerous drivers remain. Find out what we're doing to stop them. http://bit.ly/101iM8Q #JoinTheConvo
- Worst offenders on the road: hardcore drunk drivers. Learn how we're helping to identify and treat them. http://bit.ly/YvU25D #JoinTheConvo
- Say u weigh 150 lbs and ur friend weighs 120. Can u drink the same amt + have the same BAC? NOPE. Find out why. @B4UDrink #JoinTheConvo
- 3 out of 10 fatal crashes in the US are drunk driving crashes. #JoinTheConvo about drunk driving. http://bit.ly/12VIzou











Below are some suggested status updates for April. Please Join The Conversation and make a difference this month!



Have you talked with your kids about underage drinking lately? I found some great tips on www.AskListenLearn.com on how to talk to kids about underage drinking this Alcohol Awareness Month. http://bit.ly/9LAPP1



It's Alcohol Awareness Month: US Gymnastics team captain Aly Raisman and her parents know it's important to have the conversation about underage drinking to keep kids on a healthy path to success! http://bit.ly/ZrETFK

Kid in college? You still have influence over your kids - talk to them about the difference between low- and high-risk drinking. http://bit.ly/ZQ1idN

You spend a few minutes catching up on your twitter feed in the morning, scanning facebook, and skimming your google reader....take a couple sips of your morning coffee while checking out this pin. Mere seconds can make a real impact. http://pinterest.com/pin/128493395590735716/

You talk about the birds & the bees, bullying, body image and the importance of doing well in school, but have you talked about underage drinking lately? #JoinTheConvo http://bit.ly/M52CZD

Friends - visit www.b4udrink.org to see how alcohol affects your blood alcohol concentration. I had no idea!

## We're on Pinterest!

Ease into your morning with us on Pinterest for craft projects to do with your kids, inspirational quotes to start your day on the right foot, and tips to talk with your kids about underage drinking and living a healthy lifestyle! www.pinterest. com/CenturyCouncil





